## **Confidential Personal Inventory**

The purpose of this inventory is to get to know you better in order that I might better know how to pray and help you grow to maturity in Christ. Don't worry about marking right or wrong answers and don't spend a lot of time on any one question. If you find some questions too personal to answer, just leave them blank. Answer the questions as honestly as you can. I will review your answers with you, will keep your answers between the two of us and be willing to share **my** answers to any of these questions with you.

## <u>Name</u>

- 1. How long have you been a Christian?
- 2. What was your previous exposure to Christianity?
  - \_\_\_\_\_ None. I have never read the Bible
  - \_\_\_\_\_ I attended a Christian school.
  - \_\_\_\_\_ I previously attended church, but did not really believe.
  - \_\_\_\_\_ I went to church earlier in my life but stopped going.
  - \_\_\_\_\_ I became a Christian but never became committed.
  - I went to church but that was about all there was to my faith.

What type of church or denomination did you attend?

- 3. Who or what was the primary influence in your becoming a Christian?
  - \_\_\_\_\_ Family member
  - \_\_\_\_\_ A friend
  - \_\_\_\_\_ A respected person; teacher, pastor
  - \_\_\_\_\_ An evangelistic church service, revival meeting.
  - \_\_\_\_\_ Other
- 4. Was your conversion experience;
  - Dramatic
  - \_\_\_\_Quiet
  - \_\_\_\_\_Vague
  - \_\_\_\_Often doubted by yourself
  - \_\_\_\_Other
- 5. Are your parents Christians? Yes No Not sure Are any other members of your family Christians? Who?
- 6. To your knowledge have any of your parents or grandparents been involved in the occult or other non Christian religious practices? Please describe.

7. Are your parents still married or divorced or passed away?

At what age were you when they were divorced or passed away?

- 8. Have you ever experienced any type of trauma that you would like me to know about at this time? (ie., physical, emotional or sexual history of abuse, involvement in a severe accident, death of family member, etc.) Please explain.
- 9. Rate the moral climate in your home during the first 18 years of your life.

Very Permissive	Permissive	Average	Strict	Very Strict

- 10. What age are your earliest memories? Do you have periods or blocks of time in your past that you can't remember? Describe your experience.
- 11. How many hours of TV/movies/youtube/videos/phone do you currently watch each week?

List your 5 favorite programs that you watch regularly.

- 12. What kind of music do you listen to? How many hours per day do you typically listen? Who are your favorite artists or bands?
- 13. How many hours a week do you spend reading?What do you primarily read? (fiction, news, sports, history or ???)
- 14. Please circle any of the following emotions that present significant struggles for you at this time.

Frustration	fear of dying		
Anger	fear of losing your mind		
Anxiety/stress	fear of committing suicide		
Loneliness	fear of hurting loved ones		
Worthlessness	fear of going to hell		
Depression	fear of abandonment		
Hatred	fear of		

15. Concerning your emotions, which statement best describes you:

- \_\_\_\_\_ I readily express them.
- \_\_\_\_\_ I express some, but not all of my emotions.
- \_\_\_\_\_ I acknowledge their presence, but am reserved in expressing them.
- \_\_\_\_\_ I tend to suppress my emotions.
- \_\_\_\_\_ It is safest not to express my emotions.
- \_\_\_\_\_ I cannot trust my feelings.
- \_\_\_\_\_ I deny my emotions because they are too painful.

16. Are you ever plagued with doubts concerning your salvation?

- 17. Have you ever attended a New Age or parapsychology seminar, consulted a medium, spiritist, channeler, or palm reader? Explain?
- 18. Do you or have you ever had an imaginary friend or spirit guide offering you guidance or companionship? Explain.
- 19. What other spiritual experiences have you had that would be considered out of the ordinary?

Mark Each Statement True, False or Sometimes

- \_\_\_\_\_ I look back on my past with gratefulness and contentment.
- \_\_\_\_\_ I feel life is precious, I am doing my best to live it to the full.
- \_\_\_\_\_ I relate well to other people, including my family and friends
- \_\_\_\_\_ I have problems resolving conflicts with others.
- \_\_\_\_\_ I build intimate relationships, receiving and giving love.
- \_\_\_\_\_ I often feel I am not being loved or am unimportant to others.
- \_\_\_\_\_ I am generally transparent, not afraid to let others know me.
- \_\_\_\_\_ I am afraid to let people know intimate things about me. I find it difficult to make close friends and share deeply.
- \_\_\_\_\_ Money has been an important part of my life, thoughts and worries,
- In the area of money, I am a contented person. Whether I have much or little, I have learned to be content with what I have.
- \_\_\_\_\_ After my conversion, I was grounded in my faith. When did that happen? How?

- \_\_\_\_\_ There have been times in my life when I have been unconcerned about my spiritual life and ministry.
- I have been committed to Christ's Lordship for some time and have a desire to fully obey Him.
- I have a good understanding about spiritual gifts. I think I know what mine are.
- I usually reserve time each day to read my Bible and pray.
- I have a desire to learn more about the Bible in depth.
- \_\_\_\_\_ I have a growing desire to know Christ more and more.
- \_\_\_\_\_ Memorizing Scripture is meaningful to me.
- I have completely read through the New Testament.
- I have completely read through the Old Testament.
- \_\_\_\_\_ I have a desire to share my faith with others.
- \_\_\_\_\_ I am able to share the gospel clearly.
- I naturally share my faith when I have opportunities.
- I have helped another person become a Christian.
- I have helped several people become Christians.
- \_\_\_\_\_ I have a hard time believing that God loves me.
- \_\_\_\_\_ I have a hard time forgiving myself for things I have done in the past.
  - I have a hard time forgiving others who have treated me wrongly in my past and sometimes feel angry about this.
    - I have a sin or bad habit in my life which often controls me. I don't know how to gain victory in this situation.
  - I have some addictive behavior: e.g. overeating, gambling, exaggerating, love for sleeping, drugs, alcohol, etc.
- I spend much too time wishing I was somebody else or fantasizing that I am somebody else living in a different time, place, or under different circumstances.
- I have a problem with anxiety. Sometimes I don't even know why I am so anxious. I get anxious even about little things.
- I have on several occasions contemplated suicide.
- I have strong fears in my life that seem larger than they should be. e.g. fear of the dark, being alone, sickness, death etc.
- It is hard to concentrate when I am reading the Bible or praying.

The purpose of this quiz is not to judge your spirituality but to assess how familiar you are with the different parts of the Bible. Just do the best you can on either of the quizzes without opening your Bible!

Bible Knowledge Quiz #1 (for new believers who have been Christians for less than one year.) Match the items which properly relate to each other

The 4 gospels
Paul
Emmanuel
Joseph
Peter
10 commandments
Turning water into wine
Revelation
Judas
Bethlehem
Twelve
Blood of Jesus
David
Samson

\_\_\_\_Half brother of Jesus

\_\_\_\_Shem, Ham, Japheth

\_Sword of the Spirit

<u>Patmos prisoner</u>

- 1. First miracle of Jesus
- 2. Last book of the Bible
- 3. Birth place of Jesus
- 4. Number of Jesus' disciples
- 5. Cleanses our sins
- 6. Man of great strength
- 7. Defeated Goliath
- 8. Husband of Mary
- 9. Denied Jesus 3 times
- 10. Law given to Moses
- 11. Records the life of Jesus
- 12. Writer of 13 books of the Bible
- 13. Betrayed Jesus
- 14. Name of Jesus

## Bible Knowledge Quiz #2 (for those who have been Christians for 1 year or more)

- \_\_\_\_Gideon
- \_\_\_\_Lot Paul

Aaron

\_\_\_\_Capernaum

Lazarus

Bethesda

Like a thief

father of lies

Pentecost

Peter

Elijah

- Holy Spirit given
  sons of Noah
- J. Jons Ur
  - 4. discipled Elisha

1. a pool of water

- 5. a judge of Israel
- 6. cut off a man's ear
- 7. second coming of Jesus
- 8. Satan
- 9. Word of God
- 10. James
- 11. Abraham's nephew
- 12. Jesus lived
- 13. John
- 14. Brother of Moses
- 15. Raised from the dead
- 16. Discipled Timothy